



LOS ANGELES CENTER FOR  
EAR, NOSE, THROAT AND ALLERGY



# INSPIRE THERAPY

Inspire Therapy is safe and clinically proven. Recently published data shows patients using Inspire experience:

- 79% reduction in sleep apnea events<sup>1</sup>
- 88% reduction in bed-partner reported snoring<sup>1</sup>
- 91% overall patient satisfaction<sup>2</sup>

Inspire Therapy was FDA-approved in 2014 and is used by 10,000 patients worldwide. Inspire is specifically for patients who are:

- Diagnosed with moderate to severe Obstructive Sleep Apnea
- Unable to use or get benefit from CPAP
- BMI  $\leq$  32 (commercial insurance), BMI  $\leq$  35 (Medicare)
- Age 18+

In the past, we've worked together to treat your obstructive sleep apnea. We'd like to inform you of a new treatment option now offered at **Los Angeles Center for Ear, Nose, Throat and Allergy** specifically for patients looking for an alternative to CPAP called **Inspire Therapy**.

Inspire Therapy works inside your body with your natural breathing process to treat sleep apnea. Gone untreated, sleep apnea has been shown to result in abnormal heart rhythm, heart failure, high blood pressure, and respiratory failure. Inspire works at the touch of a remote to keep your airway open during sleep and allow normal oxygen flow. **No mask, no hose, no noise.**

To learn more about Inspire Therapy, please visit [InspireSleep.com](http://InspireSleep.com)

If you are interested in setting up an appointment to see if Inspire Therapy is right for you, please contact Los Angeles Center for Ear, Nose, Throat and Allergy at our Downtown LA location - (213) 410-5567 or our Montebello location - (323) 328-8075.

Sincerely,

*Dr. Nathan Eivas*

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<sup>1</sup>Woodson et al. Upper Airway Stimulation for Obstructive Sleep Apnea: 5-year Outcomes. OTO-HNS, 2018

<sup>2</sup>Huntley et al. Upper Airway Stimulation for Obstructive Sleep Apnea: Results from the ADHERE Registry. OTO-HNS, 2018

